RulesInternational Union of Public Associations "Global Taekwon-Do Federation (GTF)"

Section I.GENERAL PROVISIONS

These rules of the sport "Taekwon-do GTF" (hereinafter – Rules) Таекwon-do GTF (hereinafter referred to as the Federation) Глобальной Федерации Таеквон-до (The Global Taekwon-Do Federation (Federation, GTF, hereinafter referred to as the International Federation) is mandatory for competitions held in national federations, regardless of their scale and status, and is intended for competition organizers, judges, coaches, as well as for a wide range of athletes for whom knowledge of the rules is essential. their study is also mandatory and is included in the program of the training process.

For all sports disputes that are not reflected in this version of the Rules, the decision is made by the Chief Judge of the Competition.

Officials (team representatives, coaches, athletes, and sports referees) participating in competitions are required to follow these Rules in their actions.

Article 1. Purpose and application of the Rules.

- 1.1. The purpose of these Rules is to raise the level of Ta aekwon-do GTF by describing all its aspects, as well as providing an opportunity for competitors to show the best results in a fair friendly fight.
 - 1.2. Accepted abbreviations and terminology:
- IF GTF International GTF Federation.
- ATK-Certification and Technical Committee.
- GSK Main Judging Panel.
- TD-Technical delegate.
- ESS-Electronic judging system
- DAN-level (skill level, black belt);
- GP student's degree, level of technical and physical development of the student (color belt);
- DOBOK-sports uniform for taekwon-do classes
- CHARET Attention
- KYUNE Greeting
- JOONBEE- Get ready
- SICHAK -To begin
- HECHO Interrupt the fight
- GESOK Continue the match
- HOMAN Stop
- SILKOOK Disqualification
- HONG SUN Red won
- JUNG SUN Blue won
- TORO Turn
- HANA One
- TULA Two Два
- SET Three

- BARO - Take the starting position

- CHOT Stand, feet shoulder-width apart, hands behind your back

- CIE At ease

- FEEL the Comment - GAM JUM Warning

Competition area - DOYANG Power splitting - KYOK-PA - TUK-CHI Special equipment Formal complex - HYONG Sparring session - MASSOGI

cm. MASOGI - WEIGHT CATEGORY

- POINT-STOP SPARRING Sparring with a stop after each technical action

See. POINT-STOP SPARRING - STOP SCORE

- STOP POINT - WEIGHT CATEGORY Cm. POINT-STOP SPARRING

- IN Intellectual disabilities

Article 2. Sports disciplines and age groups.

Соревнования по виду спорта «TTa aekwon-do GTF competitions are held in the following sports disciplines (hereinafter referred to as the discipline):

2.1. In «Хъонг» theindividual pattern disciplines, pattern, competitors are divided into the following categories:

YOUNGER CHILDREN 6-7 YEARS CHILDREN 8-9 YEARS OLD

OLD

1. Division " A " (9-6 gyp) 2. Division " B " (5-1 gup) 1. Division " A " (9-6 gyp)

2. Division " B " (5-1 gup)

10-11 YEARS CADETS 12-14 YEARS OLD OLDER CHILDREN

OLD

1. Division " A " (9-6 gyp) 2. Division "B" (5-3 gup) 1. Division " A " (9-6 gyp)

2. Division " B " (5-1 gup)

3. Division " C " (I DAN)

JUNIORS AGED 15-17

1. Division " A " (9-6 gyp)

2. Division " B " (5-3 gup) 3. Division " C " (2 gyp - I DAN)

4. Division "D"(II DAN)

5. Division " E "(III DAN)

ADULTS 18-38 YEARS OLD

3. Division "C" (2 gyp-II DAN)

1. Division " A " (9-6 gyp)

2. Division " B " (5-3 gup)

3. Division " C " (2 gyp - I DAN)

4. Division "D"(II DAN)

5. Division " E "(III DAN)

6. Division "F"(IV DAN)

7. Division "G"(V DAN)

VETERANS 39-50 YEARS OLD

1. Division " A " (9-6 gyp)

2. Division " B " (5-3 gup)

3. Division " C " (2 gyp - I DAN)

4. Division "D"(II DAN)

5. Division " E "(III DAN)

6. Division "F"(IV DAN)

7. Division " G "(V DAN)

MASTERS 50 YEARS and older

1. Division " A " (9-6 gyp)

2. Division " B " (5-3 gup)

3. Division " C " (2 gyp - I DAN)

4. Division "D"(II DAN)

5. Division " E "(III DAN)

6. Division "F"(IV DAN)

7. Division " G "(V DAN)

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2.2. In the disciplines of massogi (individual sparring, individual continuous sparringsparrings, sparring, matsogi, duel) (hereinafter referred to as massogi), competitors are divided into the following weight categories::

«Junior children " - 6-7 years old - 18, 20, 22, 24, 26, 28, 30, 32 kg and more +32 kg

"Children" - 8-9 years old - 20, 23, 26, 29, 32, 35, 39, 43 kg and more +43 kg

Senior Children - 10-11 years old - 26, 30, 34, 38, 43, 48, 53 and more than +53 kg

"Cadets" - 12-14 years old - 35, 40, 45, 50, 55, 60, 65 kg and more +65 kg

"Juniors" - 15-17 years - men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more + 76 kg

"Adults" - 18-38 years-men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more + 70 kg
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"Veterans" - 39-50 years old-men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more +70 kg

2.2.1. In the team discipline massogi **-team sparring** (team sparring), competitors are divided into the following age categories, regardless of weight groups:

«Junior children" - 6-7 years old

2.3. In **point-stop sparring** theindividual point-stop sparring disciplinesstop sparring, competitors are divided into the following weight categories:: «Junior children " - 6-7 years old - 18, 20, 22, 24, 26, 28, 30, 32 kg and more +32 kg "Children" - 8-9 years old - 20, 23, 26, 29, 32, 35, 39, 43 kg and more +43 kg Senior Children - 10-11 years old - 26, 30, 34, 38, 43, 48, 53 and more than +53 kg "Cadets" - 12-14 years old - 35, 40, 45, 50, 55, 60, 65 kg and more +65 kg "Juniors" - 15-17 years - men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more +70 kg

"Adults" - 18-38 years-men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more +70 kg

[&]quot;Children" - 8-9 years old

[&]quot;Senior children"

[&]quot;Cadets" - 12-14 years old

[&]quot;Juniors" - 15-17 years old

[&]quot;Adults" - 18-38 years old

"Veterans" - 39-50 years old-men - 46, 52, 58, 64, 70, 76 kg and more + 76 kg

- women - 40, 46, 52, 58, 64, 70 kg and more +70 kg

2.4. In **force breaking** (individual the individual power breaking (breaking, power braking) disciplines, participants are divided into the following categories::

JUNIORS, ADULTS (men) JUNIORS, ADULTS (women)

Punch (Ap-joomok Jirugi)

Palm Edge Kick (Sonkal Daerigi)

Side Kick (Yopcha Jirugi)

Roundhouse kick (Dollyo Chagi)

Roundhouse Kick (Bandae Dollyo chagi)

Palm Edge Kick (Sonkal Daerigi)

Side Kick (Yopcha Jirugi)

Roundhouse kick (Dollyo Chagi)

2.5. In the disciplines специальная техника of individual special technique, special techniqueparticipants are divided into the following categories::

MEN (categories from 6 to 50 years)

WOMEN (categories from 6 to 50 years)

Long Side Kick (Twimyo Nomo Yopcha Jirugi)

Long Side Kick (Twimyo Nomo Yopcha Jirugi)

Straight High Kick (Twimyo Nopi Apcha Busigi)

Side High Kick (TwimyoNopi Apcha Jirugi)

Side High Kick (Twimyo Nopi Apcha Busigi)

Roundhouse Kick (Twimyo Dollyo Chagi)

High Kick Circular (Twimyo Dollyo Chagi)

Roundhouse Kick (Twimyo Bandae Dollyo Chagi)

2.6. In the disciplines "Khyong - team competitions" (team pattern), "duel - team competitions" (team sparring, team sparring), participants of competitions are divided into the following age groups::

YOUNGER CHILDREN 6-7 YEARS CHILDREN 8-9 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)

2. Division " B " (5-1 gup) OLDER CHILDREN 10-11 YEARS CADETS 12-14 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)
- 3. Division " C " (I DAN)

JUNIORS AGED 15-17

- 1. Division " A " (9-6 gyp)
- 2. Division "B" (5-3 gup)
- 3. Division " C " (2 gyp-II DAN)
- 4. Division "D"(III DAN)

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division "C" (2 gyp-II DAN)

ADULTS 18-38 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

VETERANS 39-50 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division "B" (5-3 gup)
- 3. Division " C " (2 gyp I DAN)

MASTERS 50 YEARS and older

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)

- 7 4. Division "D"(II DAN) 4. Division "D"(II DAN) 5. Division " E "(III DAN) 5. Division " E "(III DAN) 6. Division "F"(IV DAN) 6. Division "F"(IV DAN) 7. Division " G "(V DAN) 7. Division " G "(V DAN) Team size: - 6 men, 4 women; 5 athletes in the team's application + 1 reserve athlete. Incomplete teams are not allowed to compete. 2.7. In the discipline "Hyong - pair" (couples pattern), participants of the competition are divided into the following age groups:: YOUNGER CHILDREN 6-7 YEARS CHILDREN 8-9 YEARS OLD **OLD** 1. Division " A " (9-6 gyp) 2. Division " B " (5-1 gup) OLDER CHILDREN 10-11 YEARS CADETS 12-14 YEARS OLD OLD 1. Division " A " (9-6 gyp) 2. Division " B " (5-1 gup) 3. Division " C " (I DAN) JUNIORS AGED 15-17 1. Division " A " (9-6 gyp) 2. Division " B " (5-3 gup) 3. Division " C " (2 gyp-II DAN) 4. Division "D"(III DAN)

 - 1. Division " A " (9-6 gyp)
 - 2. Division "B" (5-1 gup)

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp-II DAN)

ADULTS 18-38 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division "G"(V DAN)

VETERANS 39-50 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division "B" (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

MASTERS 50 YEARS and older

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

Quantitative composition of the pair: - 1 male + 1 female.

2.8. In the group of disciplines for athletes with intellectual disabilities (special needs), which includes the following disciplines: "IN-hyong" (special needs – pattern), " IN-hyong-team competitions "(special needs - team pattern), "IN-imitation of technique" (special needs - mixed abilities), "IN-hyong-couple" (special needs coupler pattern) competition participants are divided into the following categories::

YOUNGER CHILDREN 6-7 YEARS CHILDREN 8-9 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)
- 2. Division "B" (5-1 gup)

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)

OLDER CHILDREN 10-11 YEARS CADETS 12-14 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)
- 3. Division " C " (I DAN)

JUNIORS AGED 15-17

1. Division " A " (9-6 gyp)

1. Division " A " (9-6 gyp)

- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp-II DAN)

ADULTS 18-38 YEARS OLD

1. Division " A " (9-6 gyp)

- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)

- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

VETERANS 39-50 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

MASTERS 50 YEARS and older

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

Incomplete teams are not allowed to compete.

2.9. In the individual disciplines "Freestyle "and" Freestyle with guns "(Freestyle, Freestyle with guns), the participants of the competition are divided into the following categories:

YOUNGER CHILDREN 6-7 YEARS CHILDREN 8-9 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)

OLDER CHILDREN 10-11 YEARS CADETS 12-14 YEARS OLD

OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-1 gup)
- 3. Division "C" (IDAN)

JUNIORS AGED 15-17

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)

- 1. Division " A " (9-6 gyp)
- 2. Division "B" (5-1 gup)
- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division "C" (2 gyp-II DAN)

ADULTS 18-38 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

VETERANS 39-50 YEARS OLD

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)

MASTERS 50 YEARS and older

- 1. Division " A " (9-6 gyp)
- 2. Division " B " (5-3 gup)
- 3. Division " C " (2 gyp I DAN)
- 4. Division "D"(II DAN)
- 5. Division " E "(III DAN)
- 6. Division "F"(IV DAN)
- 7. Division " G "(V DAN)
- 2.10. In the discipline **of** "Self defense"(hoshin sul), participants of the competition are divided into the following age categories::

 Senior Children 10-11 years old

[&]quot;Cadets" - 12-14 years old

[&]quot;Juniors" - 15-17 years old

"Adults" - 18-38 years old

Veterans - 39-50 years old

2.11. To participate in sports competitions, an athlete must reach the prescribed age before the start of the sports competition.

Article 3. Competition management systems and classification.

- 3.1. According to the nature of the competition, they are divided into:
- a) personal;
- b) command lines.
- 3.1.2. The nature of the competition is determined by the Competition Regulations (hereinafter referred to as the Regulations) in each individual case.
- 3.1.3. In individual competitions, only the individual results and places of participants in their categories are determined.
- 3.1.4. In team competitions, teams meet each other, and the results of these meetings determine the places of the teams. Team competitions are divided into: khyong-team competitions, khyong-pairs, massogi-team competitions. Team competitions are divided into men's and women's categories. Athletes are not divided by weight category.
- 3.2. Depending on the system of elimination of participants, competitions are held:
- a) according to the Olympic system, 2 third places between athletes who lost to the finalists (hyong, massogi, point-stop sparring, freestyle);
- b) according to the system of direct determination of the places of participants of the competition by ranking the results (self-defense, power breaking and special equipment);
 - c) point system for IN.

Article 4. Illegal influence on the results of competitions.

It is forbidden to have an illegal influence on the results of sports competitions in Taekwon-do GTF. It is forbidden to participate in gambling in bookmakers and sweepstakes by making bets on official sports competitions. In case of violation, the team is disqualified from the competition as a whole of the International Federation.

Article 5. Doping.

- 5.1. In the CoE, issues related to the fight against doping in Taekwon-do GTF should be regulated by the Anti-Doping Rules of the International Federation and procedures based on the basic principles of the World Anti-Doping Code developed by the World Anti-Doping Agency (WADA).
- 5.2. All persons (athletes, coaches, team managers, doctors, etc.) participating in competitions conducted by the MTF must be fully aware of the WADA Anti-doping control rules and requirements.
- 5.3. The use of any prohibited medicinal substances that may affect the performance of an athlete, in the absence of permission for their therapeutic use, knowingly or otherwise, is strictly prohibited. If such use has occurred, the athlete is suspended from the competition, and this may result in subsequent disqualification.

Section II. PARTICIPANTS OF THE COMPETITION

Article 6. Admission of participants to competitions.

- 6.1. Athletes must have valid certificates registered with the IF GTF.
- 6.2. Admission to the competition is carried out upon application of the established form (Appendix No. 6).
- 6.4. The athlete's qualification level must correspond to the qualification level specified in the Regulations.

A competitor can only compete in one weight category.

6.5. The organizers of the competition are not responsible for injuries or accidents received during the competition. For these cases, all athletes must have valid insurance policies.

Article 7. Rights and obligations of competitors.

- 7.1. The Participant is obliged to:
- 7.1.1. Strictly observe the Regulations, Rules, and Competition Program.
- 7.1.2. Comply with the requirements of the judges.
- 7.1.3. Go to the DOYOUNG in a timely manner at the call of the judging panel.
- 7.1.4. Be correct in relation to all competitors and spectators.
 - 7.2. The participant has the right to::
- 7.2.1. Timely receive the necessary information about the course of the competition, the Competition Program, changes in the Competition Program.
- 7.2.2. Receive information about decisions made by the Judging Panel through the official representative of your team.
- 7.3. Athletes, coaches and judges must be mutually courteous and correct; immediately appear at the call of the chief judge, the main judging panel.
- 7.4. Competitors, coaches, doctors and judges must be kept in their designated areas.

Article 8. Protests.

- 8.1. Protests are submitted by the official representative of the team only in writing, no one else has the right to protest the result. The protest must be brief and justified by a paragraph or paragraph of these Rules. Unsubstantiated protests are not accepted for consideration. In case of unsubstantiated protests, the team representative may be removed from the competition. (App)
- 8.2. The protest must be submitted no later than 15 minutes after the end of the meeting.
- 8.3. The panel of judges consisting of: the chief judge, the referee of the venue where the meeting was held, all the judges who participated in the meeting, examines all the circumstances of the protest and makes one of the decisions:
 - o confirmation of a previously made decision;
 - about repeating the meeting.
 - about awarding a victory to the loser.
- 8.4. In order to make a decision in a controversial situation, the chief referee may interview anyone (judge or athlete) to find out their opinion.

- 8.5. When the decision is made, the Chief Judge informs all interested parties through the informant judge. The decision is final and is not subject to appeal.
 - 8.6. When submitting a protest, a cash deposit is applied, in the amount determined by the Organizers of the competition. In case of a positive decision on the protest, the deposit is returned, and in case of a negative decision, it remains at the disposal of the competition organizers.
 - 8.7. The decision-making panel of judges is guided by these rules of the international federation. His decision cannot contradict the Rules.
 - 8.8. Team leaders or representatives, as well as individual athletes or coaches who object to the decision of the judging panel, may be disqualified. A full team may also be disqualified.
 - 8.9. Only the national GTF federation that has provided one or more judges has the right to protest.

Article 9. Costume, protective equipment and hygiene of competitors.

- 9.1. Participants of the competition must wear a DOBOK approved by the MF GTF. The SHIRT must have: the official GTF logo on the left side of the chest, the official GTF logo on the left sleeve and left leg, the national flag on the right sleeve, as well as a colored belt corresponding to the qualification of the participant or a black belt with the designation of the corresponding Dan. Any other emblems (including those of regional sports federations, clubs, etc.) are prohibited (Appendix 1).
- 9.2. During the breaks of the competition, athletes may wear normal clothing and shoes. Athletes must wear only a DOBOK at the official opening and closing ceremonies of the competition.

It is prohibited to drink alcoholic beverages and smoke while wearing the uniform of the national federation or DOBOK.

- 9.3. Placement of any advertising on the T-shirt and protective equipment must be approved by the MTF MOF.
- 9.4. An athlete is not allowed to compete if the athlete's BELT contains symbols of other taekwon-do federations or other types of martial arts (unless the Competition Regulations provide that they are open to other types of martial arts) or the belt does not meet the technical qualification of the participant.
- 9.5. The participants of the competition are fully responsible for the compliance of the track with the requirements of these Rules. In case of doubt, any member of the GSK, a member of the disciplinary committee of the MF GTF, a technical delegate of the competition can check the compliance of the participant's uniform. If the form does not meet the requirements of these Rules, the GSK and the technical delegate may disqualify the participant.
- 9.6. Protective equipment must be of a standard design approved by the MTF MOF.
- 9.7. To participate in massogi and point-stop sparring, athletes must have protective equipment, the color of the athletes 'equipment must correspond to the side of the athlete's exit (in the red corner, the athlete in red equipment, in the blue corner, the athlete in blue equipment), on his hands (gloves with an open palm) and feet (feet), mouth guard, bandage for men and women, a helmet, breast protection for women from 10 years is strictly mandatory, and up to 10 years is optional. The bandage should be

worn under the DOBOK. Protective equipment must match the size of the specified sample.

Muslim women (over 12 years of age) may wear special underwear and a scarf covering the head, but not the face, in accordance with their religion.

- 9.8. Athletes are required to use shin guards and, if desired, protectors on the forearm. It is forbidden to use protective equipment made of metal, hard plastic or other hard materials (including those equipped with zippers, laces or rigid fasteners).
- 9.9. If an athlete has suffered an injury that needs bandaging, the doctor must inform the chief referee and obtain permission to do so (if the athlete continues to perform). Pins and other objects made of rigid materials are not used for bandages. Bandages should not have a protective effect, giving one athlete an advantage over others.
- 9.10. During competitions, athletes are prohibited from wearing jewelry, watches and other similar items, and their hair must be secured with soft, elastic objects. The nails on the hands and feet should be cut short.
 - 9.11. Uniform of judges (Appendix 2):
 - white shirt with long sleeves.
 - -dark blue trousers.
 - white sports shoes (steppes, snowdrifts);
 - dark blue single-color tie with the GTF logo (with gold edging);
 - dark blue jacket with the GTF logo.

Article 10. Competition officials.

Competition officials include::

- Technical delegate.
- Team representatives.
- Trainers.
- Judges (Section VI).

Officials taking part in competitions are obliged to follow these Rules in their actions.

- 10.1 Technical Delegate (hereinafter referred to as TD).
- 10.1.1. The Technical Delegate is appointed by the President of the MTF MOF from among the responsible representatives of the MTF MOF. TD is fully responsible for controlling the organization and conduct of competitions.
 - 10.1.2. The TD must:
- 10.1.2.1. Arrive at the competition venue no later than 24 hours before the start of the admission committee and no later than one hour before the start of the first match (performance).
 - 10.1.2.2. Check:
 - plan of the upcoming event and transport support;
- placement, accreditation, location of training facilities, competition venue, DOYOUNG, work area around DOYOUNG;
 - ensuring security;
 - location of the equipment room, location of the doping testing room;
 - availability of an ambulance team;
 - location and condition of the weighing and medical examination rooms;
- make sure that there is a certificate of suitability of the building for sports and entertainment events.

- 10.1.2.3. On the day of arrival, together with the chief judge of the competition, hold an organizational technical meeting with representatives of national teams and bring to their attention the following information:
 - about the place and time of weighing and medical examination;
- the list of documents required for presentation during weighing and medical examination;
 - the place and time of the official draw.
 - about the competition schedule.
 - about the officials who will work at the competitions and their functions.

In the future, together with the chief judge of the competition, conduct daily meetings at the end of the evening program of the competition, including those at which the submitted protests are analyzed.

- 10.1.2.4. After holding a technical meeting with team representatives, the TD, together with the chief referee, must hold a meeting with the side judges, referees and referee support staff and bring to their attention information about the transport schedule, meetings, competitions.
 - 10.1.2.5. After receiving the TD general weighing protocols:
- together with the chief judge conducts the official draw for all weight categories and informs about the program of the first day of the competition;
- ensures that after the official draw, the representatives of each team will receive the results.
 - 10.1.2.6. Regarding the analysis and evaluation of the work of judges, the TD must::
- hold a meeting together with the chief referee and specialists who evaluate the work of the referee and side judges;
- confirm or reject the chief referee's proposal to suspend the referee or referee on a temporary or permanent basis, if it has become clear that this person is not performing his duties;
- ensure the presence of all officials on the ground no later than 15 minutes before the start of the first match;
- 10.1.2.7. Inform the GTF MOF about any emergencies that occurred during the competition.
- 10.1.2.8. No later than 5 (five) calendar days after the end of the competition, issue a service note with your own assessment of the competitions held and submit it to the MTF MOF.
 - 10.1.3. The TD has the right to:
- 10.1.3.1. Take such immediate measures as it deems necessary to eliminate circumstances that interfere with the proper conduct of the competition program.
- 10.1.3.2. Inform the MTF immediately about any athlete, second or official whose behavior at these competitions does not comply with generally accepted moral and/or sporting standards.
- 10.1.3.3. Inform the GTF MOF immediately about the actions of the chief referee that do not comply with the competition rules and regulations.
 - 10.1.3.4. The TD may conduct an alcohol test for judges, referees and seconds.
 - 10.2. Team representatives, coaches.
- 10.2.1. The intermediary between the judging panel of the competition and the athletes (coaches) of the team is the representative of the team.

If the team does not have a representative, the team's coach or captain performs his duties.

- 10.2.2. The team representative performs the following functions:
- a) participates in the drawing of lots;
- b) participates in meetings of representatives with judges;
- c) Is responsible for the discipline of team members and ensures their timely attendance at competitions.
- 10.2.3. The team representative is prohibited from interfering in the decisions of the judges and persons conducting competitions, as well as from performing actions that offend the judges.
- 10.2.4. For violation or non-fulfillment of their duties, the team representative may be suspended from performing their duties.
 - 10.2.5. Coaches 'behavior during the performance.
- a) Coaches must sit in the designated area. During sparring competitions, the coach must sit at least 1 meter away from the mat (opposite the referee's table).
- b) during the competition, the coach must wear a tracksuit and sports shoes, and have a towel with him;
- c) Coaches are not entitled to give instructions during the performance of a formal set;
- d) Coaches may not interfere with the conduct of a match with words, actions or incorrect behavior. They do not have the right to contact the judges and other competition officials in person, but they can protest through a team representative. If the coach does not comply with this rule, the first warning will be issued. If the coach continues to behave in the same way, he receives a second warning and is removed from the competition area. If a coach continues to behave inappropriately outside the competition area, he must be punished in accordance with the MTF Disciplinary Code;
- e) Trainers may give instructions to their participants only during the break;
- f) The coach may terminate the match. To do this, he must throw the towel on the playground;
- g) Only one coach may represent an athlete.

Article 11. Competition support staff.

Support personnel include:

- Doctors and nurses;
- Competition commandant;
- Employees of technical services (specialists in electronic displays, computers, video cameras, radio operators, workers, cleaners, etc.).
- 11.1. Competition Doctor:
- performs a medical examination during the competition and provides medical assistance to the participants of the competition.
- monitors compliance with sanitary and hygienic requirements in the competition venues;
- at the end of the competition, submit a report to the chief judge of the competition on the medical and sanitary support of the competition, indicating cases of injuries and illnesses.
 - 11.2. The Competition manager is responsible for:
- a) for the timely preparation and ceremonial decoration of the competition venues, security, accommodation and maintenance of participants and spectators,

technical equipment (sound, light, etc.), maintaining order during the competition, and also provides all necessary activities as directed by the chief judge;

b) for the preparation and suitability for use of special equipment and equipment for competitions in accordance with these Rules.

Section III. REQUIREMENTS FOR ORGANIZERS CONDUCTING COMPETITIONS

Article 12. Rights and obligations of the competition organizers.

- 12.1. The organizers are obliged to carry out the preparatory work and direct conduct of the competition in accordance with these rules, ensuring a high level of organization. One of the tasks of the organizers is to create the most comfortable conditions for all participants, coaches, referees and fans. The organizer is responsible for ensuring communication between the judges and the coaching staff, in order to promptly inform them of any possible changes. The organizer is obliged to create appropriate conditions for weigh-ins, holding a competition admittance committee, judicial instruction and coaching meetings.
- 12.2. Distribution of other rights and obligations, including liability for harm caused to participants of the event and (or) third parties, is carried out on the basis of an agreement between the MTF MOF and other organizers of sports competitions and (or) in the regulations of a specific sports competition. If the distribution of these rights and obligations is carried out on the basis of a contract, the rules of a particular sports competition contain a reference to the details of such contract (number and date of conclusion of the contract).
- 12.3. The Organizer is obliged to comply with the requirements approved by the MTF MOF.

Article 13. General requirements for forming the competition program.

When forming the competition program, the organizer should take into account::

- a) specific features of the competition venue;
- b) the specifics of the geographical location of the teams and the organization of the transfer;
- c) distribution by day of various types of competition program and related events;
 - d) other features of the event.

Special attention should be paid to the planning (program, place and time) of the opening and closing ceremonies of the competition.

Section IV. REQUIREMENTS FOR THE COMPETITION VENUE

Article 14. Technical parameters of the venue.

14.1. The competition organizers must provide a hall for holding competitions that allows placing the number of sites in accordance with the expected number of participants of the competition at the rate of: 1 site for 50 participants in 1 day. For

- example, for an estimated number of participants of 500 people, you need 10 sites and 1 day, or 5 sites and 2 days, or 2 sites and 5 days, etc.
- 14.2. The DOYANG must measure 10 m x 10 m and have a special soft coating, at least 25 mm thick. The same coating should be laid around the DOYOUNG for at least 1 m around the perimeter (Appendix No. 3).
 - 14.3. The venue must be equipped with:
- 14.3.1. Space for GSK: 2-4 tables in one line, 6-8 chairs. Place signs on the GSK tables: "chief judge", "chief secretary". Place paper bins under the tables. The competition Rules and Regulations must be placed on the table..
- 14.3.2. Seats for leaders of national federations: 2-4 tables in one line, 10-15 chairs. Participants, coaches, team representatives, and others should not be seated at or near this table.
- 14.3.3. Places for participants (bleachers, special rows of seats, etc.) should be marked with signs "places for participants".
 - 14.3.4. Bleachers for spectators with a separate entrance (if possible).
 - 14.3.5. VIP seats (if necessary).
- 14.3.6. Places for medical professionals. Depending on the number of sites, but not less than one team per 4 sites. Each place for medical care should be equipped with a table and 3 chairs. Put a tablecloth on the table, put a sign "doctor", bottled drinking water, disposable cups, put a trash can next to the table.
 - 14.3.7. Information stands.
- 14.3.8. Speakers, mixers, microphones for announcing information, calling athletes to the courts, announcing the results of competition programs, etc. One microphone for each court and a separate radio microphone for the main referee.
- 14.3.9. Drinking water for judges (disposable plastic cups, bottled water on the tables).
- 14.3.10. Flags of: the International TAEKWON-DO GTF Federation, the national federation conducting the competition (if any), and the flags of the participating states of international competitions should be placed in the hall.
 - 14.3.11. Podium (pedestal, curbstones) for awarding (I, II, III, III place).
 - 14.3.12. Fencing of the competition area.

Article 15. Hardware requirements.

- 15.1. Sparring competitions must be held using an electronic judging system approved by the GTF MOF. For the system to work, the organizers need to provide 1 laptop and 1 TV (or monitor) with the ability to connect to a laptop for each site. Electricity is also needed to operate the electronic judging system. That is, at least 3 electrical outlets (laptop, TV and ESS) for each site.
- 15.2. For competitions in power breaking and special equipment, it is necessary to have machines approved by the MF GTF.

Article 16. Ensuring the safety of participants and spectators.

16.1. Ensuring the safety of participants and spectators at sports competitions is carried out in accordance with the requirements of the Rules for Ensuring Safety during official sports competitions approved by the MTF MOF and the corresponding requirements of the MTF MOF on holding international competitions.

Section V.COMPETITION RULES

Article 17. Sample and terms of application submission.

- 17.1. Preliminary applications (Appendix No. 5) containing information about the composition of the national team participating in the sports competition. An electronic application is submitted via the site's portal.
- 17.2. Applications for participation in sports competitions (Appendix 6) signed by the head of the national federation are submitted to the admission commission on the day of arrival.
- 17.3. The application also includes team representatives at the rate of 1 representative per 10 athletes.

Article 18. Application fee.

- 18.1. The organizers have the right to set application fees. The amount of the contribution is determined by the Presidium of the MF GTF and is reflected in the Rules of the sports competition:
- 18.1.1. The application fee is paid in 2 stages: 1) the first part in the amount of 50% of the fee is paid 30 days before the start of the competition, depending on the rank of the competition 2) the second part of the fee (the remaining 50% of the fee and for additional disciplines) is paid during the competition admission commission.
- 18.2. If competitions are held in all sports disciplines and age groups in 2 days, the entry fee is paid once for the competition as a whole and no more than the established amount for the corresponding age group.
- 18.3. In case of violation of the deadline and procedure for payment of application fees specified in the Competition Regulations, the Organizer has the right to prevent an athlete from participating in a sports competition.
- 18.4. If an athlete does not show up to participate in a sports competition, the application fee will not be refunded.

Article 19. Competition Admission Committee.

19.1. Admission of participants is carried out by the Competition Admission Commission (hereinafter referred to as the Commission) during the weigh-in. The Commission is approved by the President or General Secretary of the MTF MOF.

The Commission fee includes:

- technical delegate (chairman of the commission);
- the chief judge or his deputy;
- the chief secretary or his deputy;
- competition doctor;
- representative of the organization hosting the competition.

Members of the Commission check applications and documents of participants. The chairman of the commission and a representative of the federation or sports organization conducting the competition are responsible for admitting participants.

Article 20. Weighing.

- 20.1. The weigh-in of participants must be held no earlier than 36 hours in advance and end no later than 12 hours before the start of the competition.
- 20.2. At the weigh-in, the participant must present a photo identification document. Participants must weigh themselves in their underwear or in a T-shirt approved by the MTF MOF, according to the established pattern.
- 20.2.1. Weighing must be carried out on an electronic scale approved by the MTF MOF and must show the weight with an accuracy of 0.1 kg.
 - 20.2.2. Several identical weights are required for competitions.
- 20.2.3. Scales for weighing athletes must be electronic, digital and show the weight with two decimal places after the decimal point, and have a measurement limit of at least 150 kg.
- 20.2.4. The weigh-in is conducted by the Competition Admission Committee. The coach may be present, but may not interfere with the weigh-in process.
- 20.2.5. In competitions, the participant has the right to compete only in the weight category specified in the application. Participants who have a weight other than the declared weight category are given 2 hours to correct the discrepancy. In case of failure to eliminate the discrepancy between the weight of the declared category or being late for the weigh-in, the participant is not allowed to enter massogi and point-stop sparring competitions in the specified weight category, but can pay a fine in the amount of the competition fee and will be transferred to the next heavier weight category.
- 20.2.6. The weight of the athlete at the time of participation in massogi and point-stop sparring competitions must correspond to the weight category specified in the application.
- 20.2.7. If a competitor fraudulently attempts to pass the weigh-in procedure, he is disqualified by the decision of the chief judge.
 - 20.2.8. The results of the weigh-in are recorded in the protocol.

Article 21. Awarding.

21.1. Personal competitions:

According to the competition rules.

21.2. Team competitions:

According to the competition rules.

21.3.According to the decision of the organizers, the coaches of the champions (teams) may be awarded.

Article 22. All-team competition.

22.1.The winning team (country) of the tournament is awarded a cup and is determined by the sum of individual and team victories.

Personal competitions:

Gold medal - 3 points.

Silver medal - 2 points.

Bronze medal - 1 point.

Team competitions: Gold medal - 3 points. Silver medal - 2 points.

Bronze medal - 1 point.

- 22.2. When calculating the overall team score, the team score is not multiplied by the number of participants in the team, but is calculated at the rate of 3, 2, 1 points. So, for example, the winning team in formal complexes among men gets 3 points, and not 18.
- 22.3. If two or more countries have equal points, the advantage is determined by the following criteria::
 - 22.3.1. The number of gold, then silver and bronze medals won by the team;
 - 22.3.2. Number of participants.

Article 23. Competition procedure.

Competitions are held in the following order: hyong, massogi, point-stop sparring, team competitions, board breaking, special equipment, freestyle, self-defense. The chief referee of the competition, together with the organizers, may change this procedure if necessary, in which case this decision must be announced at the beginning of the tournament.

Article 24.Drawing of lots

Paragraphs 24.1-24.4 apply if the registration and drawing of lots for teams is carried out during the competition (team disciplines). In case of registration of teams at the competition admission commission, the draw is conducted using the appropriate software ("electronic draw").

- 24.1. The draw is held publicly.
- 24.2. The draw is conducted by the Chief Secretary (Deputy Chief Secretary) and representatives from each team.
- 24.3. Team representatives draw lots (draw numbers) for their teams (participants). The set numbers for teams (participants) do not change during the competition.
- 24.4. No one can be declared the winner in 2 consecutive rounds without duels (as a result of the draw).
- 24.5. Breeding of athletes of the same country who performed together as a pair in the first round.

Article 25. Ads for competitions.

- 25.1. The site number for each type of competition must be announced in advance in order to start the competition without delay.
- 25.2. After announcing the name, surname and country of the competitor, the competitor must be at the edge of the court with the necessary equipment. If the user is not present, the ad is made again.
- 25.3. After being invited to the court by the referee or referee, 1 minute is given. If a competitor or team is absent, they are awarded a loss.

Article 26. Rules for judging sports disciplines that contain the word "khyong" in their name.

Article 26.1. Groups.

Personal data;

Command lines.

Article 26.2. Elimination – individual competitions.

Elimination according to the Olympic system. That is, the winning athlete advances to the next round, and the losing athlete is eliminated from the competition.

Article 26.3. Personal performance and award of points.

- 26.3.1. The chief judge sitting in the center of the judging panel gives commands to the athletes.
- 26.3.2. Each participant must complete a mandatory set. Judges **may not** choose as mandatory a formal set higher than that corresponding to the lowest gip or dan of one of the athletes. Hyeong is selected by the judges from among the following:

CHUNCHOONG-JANG, 18. JU-CHE, 19. CHOOK - AM, 20. SAM - IL, 21. CHOI-YONG, 22. CHOO-JANG23. PYONG-HWA, 24. UL-JI, 25. YONG - GAE, 26. MOON-MOO, 27. SAN-DAK, 28. SO-SO-SAN, 29. SE-JONG, 30. TONG-IL.

For 4-3 gyp (9 exercises) – one of 9 (up to TE-GE).

For 2-1 gyp (11 exercises) – one of 11 (do CHUNG-MU).

For 1 Dan (15 exercises) – one of 15 (up to GE-BEK).

For 2 Dan (19 exercises) – one of 19 (up to CHUK-AM).

For 3 Dan (23 exercises) – one of 23 (up to PEN-HVA).

For 4 and above, Dan (30 exercises) is one of 30.

26.3.3 Two squares of blue and red color should be added on the Doyang. The judges select the winner after the senior judge's command "HANA", "TUL", "SET" by raising a red or blue flag.

When making a decision, judges evaluate both each individual element and the entire formal complex as a whole, guided by the following criteria::

In individual competitions:

- Chart.
- The sequence of execution of elements.
- Technically correct execution of elements.
- Levels.
- Rhythm.
- Concentration.

In team competitions:

- Synchronicity.
- Chart.
- The sequence of execution of elements.
- Technically correct execution of elements.

- Levels.
- Rhythm.
- Concentration.
- Complexity of performing a formal complex.

A draw is not shown in either individual or team competitions.

Article 26.4. Elimination is a team event.

26.4.1. The Olympic elimination system is used.

Article 26.5. Team performance and award of points.

- 26.5.1. Each team must complete one random and one mandatory set in a row. The required complex can be from "JONG-JI" to "GYO-BAEK", and any arbitrary one. An arbitrary complex is executed first. The captains of both teams must inform the judges about their free sets prior to the start of the performance of either team. An arbitrary set cannot be the same as a mandatory one. The chief referee cannot choose any of the declared arbitrary sets as mandatory, because the teams must perform the same mandatory set.
- 26.5.2. Team members may line up for a performance in any order, they may perform technical actions individually or together (synchronously) according to their own decision, but it should be clear that this is a team performance.
 - 26.5.3. The team captain gives commands to the athletes (start, finish, bow, etc.).
- 26.5.4. The judges may not choose as mandatory a formal set higher than that corresponding to the lowest weight or dan of any of the athletes of the team.
- 26.5.5. A team cannot choose an arbitrary formal complex with a maximum value of 1 Dan.
 - 26.5.6. A team may not use more than 3 effects (layouts).

Article 26.6. Pair khyong.

- 26.6.1. Conducting competitions in the discipline "hyong-para" is similar to team competitions.
 - 26.6.2. Pairs perform only one arbitrary formal complex.
 - 26.6.3. The pair consists of one male athlete and one female athlete.

Article 26.6. Judges.

1 referee, 5 judges are placed in one row in front of the referee's table (senior referee in the center), 1 technical secretary.

Article 27. Rules for judging sports disciplines that contain the words "weight category", "stop point-weight category", "massogi-team competitions" in their names.

Article 27.1. Types of programs.

27.1.1 Personal data. Weight category (massogi):

27.1.2 Personal Stop-score-weight category (point-stop sparring):

27.1.3 Team settings. Team massogi:

«Junior children " - 6-7 years old

"Children" - 8-9 years old

"Senior children"

"Cadets" - 12-14 years old

"Juniors" - 15-17 years old

"Adults" - 18-38 years old

Article 27.2. Duration of fights, timing.

27.2.1 Mass burns:

- 27.2.1.1 The duration of the match, both in team and individual competitions, is 2 minutes (1 round) for the age groups "Cadets", "Juniors", "Adults", "Veterans" and 1.5 minutes (1 round) for the age groups "Younger children", "Children", "Older children". The finals are held according to the scheme of 2 rounds of 2 minutes with a break of 1 minute for the age groups "Cadets", "Juniors", "Adults", "Veterans" and 2 rounds of 1.5 minutes with a break of 45 seconds for the age groups "Younger children", "Children", "Older children". The duration of the match may be changed by the decision of the chief referee, but may not exceed 2 minutes.
- 27.2.1.2. In individual competitions, in case of a draw, an additional round of 1 minute is given after a 30-second break. In the event of a repeated draw, a match is announced before the first effective action, during which the athlete who first earned a point is declared the winner.
 - 27.2.2. Point-stop sparring.
- 27.2.2.1. The duration of a bout in individual competitions is 2 minutes (1 round). Finals are held as well as preliminary meetings. In team competitions, the duration of the meeting is 4 minutes.

The duration of a duel in individual competitions is 2 minutes (1 round) for the age groups "Cadets", "Juniors", "Adults", "Veterans" and 1.5 minutes (1 round) for the age groups "Younger children", "Children", "Older children". The finals are held according to the scheme of 2 rounds of 2 minutes with a break of 1 minute for the age groups "Cadets", "Juniors", "Adults", "Veterans" and 2 rounds of 1.5 minutes with a break of 45 seconds for the age groups "Younger children", "Children", "Older children". The duration of the match may be changed by the decision of the chief referee, but may not exceed 2 minutes.

27.2.2.2. In individual point-stop sparring competitions, in the event of a draw, a match is declared "before the first effective action", during which the athlete who first earned a point is declared the winner.

Article 27.3. Zones allowed for attack.

- 27.3.1. Permitted zones:
- 27.3.2. Part of the head, i.e. the face, located from the forehead to the chin and from ear to ear.
- 27.3.3. The front part of the body is vertical from the shoulder line to the waist, bounded by the lines from the armpits to the waist.
- 27.3.4. It is forbidden to strike blows to the back of the head, neck, throat, below the waist and in the back.

Article 27.4. Awarding of points.

27.4.1. Mass burns:

1 point is awarded for:

- Punches to the torso or head.
 - 2 points are awarded for:
- Punches in a jump to the head;

- Kicks to the torso;
 - 3 points are awarded for:
- Kicks to the head.
- Roundhouse kicks to the body.
 - 4 points are awarded for:
- Kicks in a jump to the head;
- Roundhouse kicks to the head.
- Kicks in a roundhouse jump;
 - 5 points are awarded for:
- Kicks in a roundhouse jump to the head.
 - 27.4.2. Point-stop sparring:
 - 1<u>1</u> point is awarded for:
- Punches to the torso or head.
 - 2 points are awarded for:
- Punches in a jump to the head;
- Kicks to the torso;
 - 3 points are awarded for:
- Kicks to the head.
- Roundhouse kicks to the body.
 - 4 points are awarded for:
- Kicks in a jump to the head;
- Roundhouse kicks to the head.
- Kicks in a roundhouse jump;
 - 5 points are awarded for:
- Kicks in a roundhouse jump to the head.

Article 27.5. Scoring procedure.

- 27.5.1. Points are awarded only for accurately delivered punches or kicks in the areas allowed by the rules with proper strength and concentration.
 - Correct distance to the target.
 - Correct stance.
 - Appropriate technical action;
 - Proper strength, concentration.
 - 27.5.2.Only 1 point is awarded for a series of punches.
 - 27.5.3. For a series of kicks, the points are added up.
 - 27.5.4. Series of kicks are summed up when:
- Kicks with different legs.
- Kicks with one foot in different sections/levels of the opponent's body.
- Various kicks with one foot.
- 27.5.5. Fencing kicks more than three times without completing the attack is penalized-chui.

Article 27.6. Violations of the rules. Massogi.

27.6.1. Chui (comment).

One point is deducted if there are 3 comments from among the following::

- Attack in the forbidden area, kick below the waist;
- Exit with two feet over the edge of the work platform;
- A series of punches consisting of more than 3 punches.

- Falling (that is, touching the floor with any part of the body, except for the feet);
- Hard contact.
- Capture.
- Push the opponent with your hands and body.
- An attack using a prohibited technique with an open glove, elbow, knee, head, a blow with a pass, a backhand without eye contact of the opponent, a side kick with hands or an uppercut;
- Withdrawal from combat, passive fighting, falsification of the fight.

NOTE: 1 point is deducted for both 3 different chui and 3 identical ones.

27.6.2. Gam Jum (warning) (minus 1 point).

One point is deducted in the following cases::

- Inappropriate behavior of the participant or coach;
- Attack of a lying or falling opponent.
- Deliberate attack after the referee's "STOP" command;
- Any case of injury to the opponent (see Article 27.9) when the opponent continues the match;
- Knockdown of the opponent.

Article 27.7. Violations of the rules. Point-stop sparring.

27.7.1. Chui (comment).

One point is deducted if there are 3 comments from among the following::

- Attack in the forbidden area, kick below the waist;
- Exit with two feet over the edge of the work platform;
- A series of punches consisting of more than 3 punches.
- Falling (that is, touching the floor with any part of the body, except for the feet);
- Hard contact.
- Capture.
- Push the opponent with your hands and body.
- An attack using a prohibited technique with an open glove, elbow, knee, head, a blow with a pass, a backhand without eye contact of the opponent, a side kick with hands or an uppercut;
- Withdrawal from combat, passive fighting, falsification of the fight.

NOTE: 1 point is deducted for both 3 different chui and 3 identical ones.

27.7.2. Gam Jum (warning) (minus 1 point).

One point is deducted in the following cases::

- Inappropriate behavior of the participant or coach;
- Attack of a lying or falling opponent.
- Deliberate attack after the referee's "STOP" command;
- Any case of injury to the opponent (see Article 27.9) when the opponent continues the match;
- Knockdown of the opponent.

Article 27.8. Disqualification (silkuk / red card).

27.8.1. Mass burns. Silkook.

The athlete must be disqualified for the following violations of the rules::

- An attack that resulted in an injury to the opponent, after which he cannot continue the match (see Article 27.9);

- Insulting or showing disrespect to officials, competitors, and others.
- Repeated identical violation (Gam Jum);
- In case of three different violations (Gam Jum);
- In the absence of appropriate protective equipment, if this discrepancy is not corrected within 1 minute after the referee's check;
- If the participant is under the influence of alcohol or drugs;
- Non-compliance with technical qualifications or performance not in their weight category, substitution of a competitor.

27.8.2. Point-stop sparring. Red card.

An athlete may be disqualified for the following violations of the rules::

- Ignoring the referee's comments;
- Insulting or showing disrespect to officials, competitors, and others.
- Deliberate hard contact or aggression.
- An attack that resulted in an injury to the opponent, after which he cannot continue the match (see Article 27.9);
- Second official warning (Gam Jum/yellow card);
 - In case of three different violations (Gam Jum);
- In the absence of appropriate protective equipment, if this discrepancy is not corrected within 1 minute after the referee's check;
 - If the participant is under the influence of alcohol or drugs;
 - Non-compliance with technical qualifications or performance not in their weight category, substitution of a competitor.

Article 27.9. Injuries.

- 27.9.1. If an athlete is injured, the referee is obliged to call the competition doctor to him. After providing medical assistance, the doctor must inform the referee about the possible continuation of the fight. The doctor's decision is final.
- 27.9.1.1. If the injured athlete can continue the match, his opponent is penalized in accordance with Article 27.6.2. (minus 2 points).
- 27.9.1.2. If an athlete who has been injured as a result of a violation of the rules and is unable to continue the competition by a doctor's decision, his opponent is disqualified.
- 27.9.1.3. If an injured athlete is unable to continue the bout or medical assistance is required for more than 2 minutes, but it is not possible to determine the guilty party (that is, there was no violation of the rules), then his opponent wins.

Article 27.10. Procedure and rules for conducting duels.

27.10.1 Weight category (massogi):

27.10.1.1. Formation before the start and after the end of the match:

- athletes must be inside the court in the designated places facing the chief referee (referee);
- the referee must be at the marked spot inside the court facing the referee;
- corner judges must sit in the corners of the court on chairs facing the center of the court.
- the technical secretary is located at the table facing the referee and the participants.
- 27.10.1.2. Procedure for starting and ending a match.
- at the referee's command "CHARET", "KYUNE" athletes bow to the referee;
- at the command of the referee "TORO", "KYUNE" athletes turn to face each other and bow to each other;

- the referee must check the athletes for compliance with their uniforms and protective equipment in accordance with these rules. They must make sure that the athletes are not wearing watches, jewelry, or other items that could cause injury. If the athlete does not have the appropriate equipment, the referee gives him 1 minute to correct the discrepancy, at the end of which the athlete should be disqualified;
- the referee gives the command "MASSOGI JUNBI", athletes stand in a sparring stance, at the referee's command they greet each other by touching their gloves;
- the referee gives a command to the side judges about readiness;
- the referee starts the match with the "SICHAK" team, after which the athletes lead the match to the "HECHO" team. After this command, the athletes must immediately stop the match. The match is resumed after the referee gives the command "GEOK";
- at the end of the match time, the technical secretary gives a signal to the referee, but the match ends only when the referee gives the command "HOMAN";
- after the end of the match, athletes perform a bow in reverse order.
- 27.10.1.3. Making a decision and announcing the winner:

A "winner" or "draw" is declared based on the following:

- if 4 judges are for "blue", "blue" wins.
- if there are 3 judges for "blue", "blue" wins.
- if 2 judges are for "blue"/2 "draw" "blue" wins.
- if 2 judges for "blue"/1-"draw"/1 for "red" "blue" won;
- if there are 2 judges for "blue"/2 for "red " "draw";
- if 1 judge is for "blue"/3 "draw" "draw";
- if the 4th referee says "draw" "draw".

And, conversely, with the advantage of "red".

After the announcement of a "draw", an additional round lasting 1 minute is announced. In case of a repeated draw, the match is announced before the first technical action.

To announce the winner , the referee stands between the athletes, all three of them facing the judges 'table. After the winner is announced, the referee raises his hand up.

27.10.2. Point-stop sparring:

27.10.2.1. The match starts with placing the athletes in the starting positions. Athletes bow towards the referee and then towards each other. Then the referee starts sparring with the "SICHAK" team and at the same moment the time is turned on. The contestants continue the match until they hear the referee's command "HECHO".

Bout time recording is stopped after each "HECHO" command from the referee, at a special signal from the referee due to an injury to the athlete, or in any other case at the discretion of the referee. After that, the match resumes from the starting positions. At the end of the time set for the match, the technical secretary gives a signal to warn the referee about this.

But the sparring ends only at the final command of the referee "HOMAN".

27.10.2.2. The referee stops the match with the "HECHO" team if he sees an effective action, a violation of the rules, or any of the judges makes a gesture "effective action", "no points" or "did not see".

Other judges should immediately give a signal ("did not see" / "no score" / "effective action").

After the referee commands "HECHO", the match continues from the center.

- 27.10.2.3. If the opinion of at least one of the judges indicates a successful action, the referee announces the number of points and gestures to the athlete who earned them, while simultaneously declaring "1,2,3,4,5 points to blue or red". If both judges indicated the active action of different competitors (one judge gave points to the red corner, and the other to the blue corner), then the referee gives a point to each of the athletes. In case of violation of the rules, the referee declares "minus 1 point for red/blue". Judges should reliably evaluate and award points only to the athlete who first performed an effective action. The only exception to this rule may be the right of the referee to award points alone if he / she has definitely seen a technical action and the other two judges make a "did not see" gesture. These points are entered by the technical secretary in a red or blue card. Cards are placed on the table for everyone to see.
- 27.10.2.4. The referee team should make a decision as soon as possible so that the match continues within a reasonable time.
- 27.10.2.5. Penalty points are added to the opponent's points. If the mirror or line judge notices an obvious violation, he must raise his hand and, after the referee's command "HECHO", inform him of the violation. The referee, after consulting the judges on the doyoung, decides whether or not to award penalty points.
- 27.10.2.6. If a contestant scores a difference of 10 points, the sparring stops and he is awarded a victory.
 - 27.10.3. Duel team competitions (team massogi).
- 27.10.3.1. The procedure for holding a match is the same as in individual competitions. When the judges decide on the winner, the winning team gets 2 points, in case of a draw, each team gets 1 point.
- 27.10.3.2. Before the first match, the referee draws lots to determine which team will be the first to field an athlete. Each athlete can compete for the team only once.
- 27.10.3.3. If the result of five matches is a draw, then the teams hold 1 more match. The result of this extra match determines the winning team. Only the 6th member of the team who has not previously participated in this team meeting enters an additional match. If he is absent from the team, the victory is awarded to the opposing team. If both teams are not fully equal in a draw, the athletes who met in the last match will go to an additional match after a one-minute break.
- 27.10.3.4. Teams line up facing the main referee. The referee stands between the team captains. After the winning team is announced, the referee raises the team captain's hand in the air.

Article 27.11. Judges.

- 27.11.1. For sports disciplines "weight category", "massogi-team competitions": 1 referee, 1 referee, 4 corner judges, 1 technical secretary.
 - 27.11.2. For sports disciplines "stop-score-weight category":

1 referee, 1 referee, 1 mirror referee, 1 line referee, 1 technical secretary.

Article 28. Rules for judging sports disciplines that contain the words "breaking boards" in their names

Breakout competitions use boards approved by the IF GTF.

Article 28.1. Competition programs.

28.1.1 Juniors and Adults (men):

28.1.1.1. "Punch" (Ap - joomok Jirugi, Ap-joomok Jirugi)

- 28.1.1.2. " Palm Edge strike "(Sonkal Daerigi)
- 28.1.1.3. "Side kick" (Yopcha Jirugi) Jirugi)
- 28.1.1.4. "Roundhouse kick" (Dollyo Chagi) Chagi)
- 28.1.1.5. "Roundhouse Kick" (Bandae dollyo chagiBandae) chagi)
- 28.1.2 Juniors and Adults (women):
 - 28.1.2.1. " Palm Edge strike "(Sonkal Daerigi)
 - 28.1.2.2. "Side kick" (Yopcha Jirugi) Jirugi)
 - 28.1.2.3. "Roundhouse kick" (Dollyo Chagi) Chagi)

Article 28.2. Procedure.

28.2.1. Breaking boards:

- 28.2.1.1. In each competition program, the judges first set the minimum number of boards. The dimensions of the wooden board should be 30x30 cm, (plastic boards are allowed) the thickness is 2 cm. The parameters of the boards can only be changed with the permission of the chief judge of the competition. For juniors 2 boards and for adults (men) 3 boards, for juniors 1 board and adults (women) 2 boards.
- 28.2.1.2. Each athlete has only one attempt. He can check the distance to the board once without touching it. At the judge's command, the athlete moves to the ready position and when he receives the next signal from the judge, attempts to break the boards with a single blow. After the impact, you must return to the starting position. After the referee's signal, the athlete has 30 seconds to strike.
- 28.2.1.3. The judges may not count a kick if the following characteristics are missing::
 - full balance and correct stance throughout the entire technique performed;
- the chosen technique is performed correctly. Sliding is allowed if the kick is not applied in a jump. One foot must be in contact with the floor all the time from the beginning of the movement to the actual execution of the kick.
- 28.2.1.4. When all competitors have made one attempt with a minimum number of boards, the judges increase the number of boards. Athletes who have successfully completed 1 lap are allowed to go to the next round. Those athletes who failed to break the boards in the first round are eliminated from the competition. The winner is the athlete who breaks the maximum number of boards on the first attempt.
- 28.2.1.5. In the event of a tie between two or more athletes, they receive 1 additional attempt to break the maximum number of boards on which they were eliminated from the competition. The winner is the athlete who can break the largest number of boards, if the result remains tied, after an additional attempt, the applicants are weighed. The lightest athlete is declared the winner.
 - 28.2.1.6. Board stops must be used. This creates equal conditions for all athletes.
 - 28.2.1.7. The judges must check each board before and after the kick.
- 28.2.1.8. Each broken board gives 1 point. Each cracked board gives you 0.5 points.

Article 28.3. Composition of the judging panel.

2 judges, 1 technical secretary.

Article 29. Rules for judging sports disciplines that contain the words "Special equipment" in their names.

Article 29.1. Competition programs.

- 29.1.1. "Juniors" (15-17 years old), " Adults "(men 18-38 years old):
- 29.1.1.1. Straight high kick (Twimyo Nopi Apcha Busigi, Twimyo Nopi Ap Cha Busigi), starting height juniors 220 cm, men 240 cm.

The winner is the athlete who breaks the board or touches it at the maximum height.

29.1.1.2. Long side kick (Twimyo Nomo Yopcha Jirugi, Twimyo Nomo Yopcha Chirugi), high side kick (Twimyo Nopi Apcha Busigi), starting length juniors 250 cm, men 300 cm.

The height of obstacles is 70 cm.

The board is located 70 cm from the farthest obstacle at a height of 70 cm.

The judges may not count an attempt if the athlete touches an obstacle.

The winner is the athlete who broke the board at the maximum length.

29.1.1.3. Side Turn High Kick (Twimyo Dollimio Yopcha Jirugi, Twimio Dolmio Yop Cha Chirugi 360 degrees), starting height juniors 180 cm, men 200 cm.

The winner is the athlete who broke the board at the maximum height.

29.1.1.4. High kick circular (Twimyo Dollyo Chagi, Twimio Dolio Chagi), starting height juniors 200 cm, men 220 cm.

The winner is the athlete who broke the board at the maximum height.

- 29.1.1.5. Side high kick
- 29.1.1.6. Roundhouse Kick (Twimyo Bandae Dollyo Chagi, Twimio Bandae Dolyo Chagi), starting height juniors 180 cm, men 210 cm.

The winner is the athlete who broke the board at the maximum height.

- 29.1.2 "Juniors" (15-17 years old)," Adult " women (18+ years old):
- 29.1.2.1. Straight high kick (Twimyo Nopi Apcha Busigi, Twimyo Nopi Apcha Busigi), starting height of junior women 180 cm, women 200 cm.

The winner is the athlete who broke the board or touched it at the maximum height.

29.1.2.2. Long side kick (Twimyo Nomo Yopcha Jirugi, Twimyo Nomo Yopcha Chirugi), starting length junior 180 cm, women 200 cm.

The height of obstacles is 70 cm.

The board is located 70 cm from the farthest obstacle at a height of 70 cm.

The judges may not count an attempt if the athlete touches an obstacle.

The winner is the athlete who broke the board at the maximum length.

29.1.2.3. High kick circular (Twimyo Dollyo Chagi, Twimio Dolio Chagi), the starting height of the juniors is 170 cm, women's 190c m.

The winner is the athlete who broke the board at the maximum height.

Article 29.2. Procedure.

- 29.2.1. Individual competitions.
- 29.2.1.1. 1 board is used in all sections of the competition. Its size is determined by the chief judge during the competition.
- 29.2.1.2. The judges may not count an attempt if the following conditions are not met::
 - correct balance and position of the body when performing the reception;
 - the reception was completed correctly.
 - one of the obstacles is not knocked down.
- 29.2.1.3. After all athletes have completed their attempts in the first round, those who have completed the move pass to the second round, where the board is located

higher or further away according to the decision of the judges. Anyone who does not break the board is eliminated from the competition. The winner is the athlete who breaks the board at the maximum height or length. The athlete is given 1 attempt to complete the reception.

- 29.2.1.4. In case of a draw between two or more athletes, an additional round of competition is held, the athletes receive 3 attempts each and perform the reception at the height (length) that they could not reach in the previous round. The winner is the athlete who breaks the board with the least number of attempts. If no one broke the board, the winner is the one who touched it with the least number of attempts.
- 29.2.1.5. Board holders must be used. This allows you to have a standard clip and height.
 - 29.2.1.6. Mats must be used in all sections of the competition.
 - 29.2.2 Age groups "Junior children", "Children", "Senior children", "Cadets":

The minimum (initial) height and length in each age group is determined by the chief judge, in accordance with the Regulations of the competition. Each team member performs only 1 hit.

Article 29.3. Composition of the judging panel. 2 judges, 1 technical secretary.

Article 30. Rules for judging groups of sports disciplines that contain "IN" (Intellectual disabilities, Special needs).

30.1. Competitions among people with intellectual disabilities are held to create equal conditions for all people, regardless of the level of physical and intellectual development. This type of discipline develops not only physical qualities, but also helps to socialize and promotes rapid adaptation to the conditions of the outside world.

All sports disciplines for people withintellectual disabilities are non-contact and exclude any specific injuries during training and competition processes.

30.2. Competitions among persons with intellectual disabilities are held in the following sports disciplines:"IN-hyong" (special needs-pattern), "IN-hyong-team competitions "(special needs-team pattern), " IN-hyong-pairs "(special needs-couples, special needs – couple pattern), "ИНЅресіаl needs – mixed abilities.special needs – mixed abilities).

All athletes (regardless of gender) are divided into 5 classes based on the level of sportsmanship (see Appendix 9). Preliminary qualification is conducted to determine the level of sportsmanship. Based on the qualification results, classifier judges determine athletes in one of the classes for all disciplines.

30.3. Rules of competitions in the discipline "IN-hyong".

The formal complex is evaluated by judges according to the following criteria:: In individual competitions:

- Chart.
- The sequence of execution of elements.
- Technically correct execution of elements.
- Levels.
- Rhythm.
- Concentration.

In team competitions:

- Synchronicity.

- Chart.
- The sequence of execution of elements.
- Technically correct execution of elements.
- Levels.
- Rhythm.
- Concentration.
- Complexity of performing a formal complex.

Based on the results of the performance, the judges give a score from 9.1 to 9.9 points, guided by the following::

- from 9.1 to 9.3 performing the formal complex "below average";
- from 9.4 to 9.6 "average" level.
- from 9.7 to 9.9 performing the formal complex "above average".

At the same time, regardless of the level of performance of the formal complex, the presence of a gross / s error / ok: skipping an element, replacing an element, not returning to the place more than 1 meter, a gross violation of the technique that changes the meaning of the performed element, shouting the wrong name of the formal complex, pulling up the wrong leg, is automatically equated to the level " below The presence of errors in the performance: violation of levels, incorrect formation of crosses, violations of technique that do not change the meaning of the element, is automatically equated to the "average" level with a score of 9.4-9.6. To get a score of 9.7-9.9, it is necessary that the formal complex is performed without errors and gross errors in the following way: according to all criteria, the presence of "shortcomings" is allowed.

In the discipline "IN-team hyong", the team consists of three participants, regardless of gender. All team members must be of the same age group: 10-13; 14-17; 18+ years. Teams must be formed from athletes of the same class (A, B, C, D, E). If the team has at least one athlete of class A, then the team is placed in class A; if the team has athletes of classes B, C, D, E, then the team is placed in class B; if the team has athletes of classes C, D, E, then the team is placed in class C; if b if a team has athletes of classes D, E, then the team is placed in class D. (The same principle is used to form pairs for competitions in pair hyongs). Each command performs one arbitrary formal complex.

The maximum and minimum scores are removed from the scores of the five judges, and the sum of the scores of the three remaining judges is the athlete's final score. If there are 3 judges, the result is the sum of all judges 'points.

The athlete who showed the highest result becomes the winner, the second resultthe silver medalist, the third result-the bronze medalist.

If two or more competitors have an equal number of points, they perform the formal complex again, and the judges make a decision using the flags (red or blue). No draw is shown.

30.4. Rules for conducting competitions in the discipline "IN-imitation of technology"

The discipline allows athletes to demonstrate the skills of dynamic movement and taekwondo techniques using sports equipment. As an inventory, you can use "paws", "rackets", "pillows", plastic boards for breaking, etc. Athletes demonstrate an arbitrary program with an instructor.

The duration of the speech should not exceed 1 minute. If the performance does not fit into 1 minute, the athlete is given a score of 1 point.

Mandatory program: punching technique, kicking technique, demonstration of defensive actions, demonstration of attacking actions. If the athlete does not demonstrate all the elements of the mandatory program, he is given a score of 1 point.

To make a decision, the judges evaluate the performance according to 4 criteria: difficulty (maximum 4 points), accuracy (maximum 3 points), coordination between the athlete and the instructor (maximum 2 points), aesthetics and beauty (creativity, maximum 1 point). So the maximum score is 10 points.

Techniques that increase the difficulty of the performance: roundhouse kicks, jump kicks, kicks to the upper section, and a series of punches and kicks.

Accuracy-estimates the number of hits on the target, the strength and realism of strikes, and the realism of defensive actions.

The performance begins at the command of the instructor "Sichak". At the same time, the technical secretary starts the stopwatch. At the end of the performance, the judges raise the cards with points at the command of the senior judge "hana-tul-set". The maximum and minimum scores are removed from the scores of the five judges, and the sum of the scores of the three remaining judges is the athlete's final score. If there are 3 judges, the result is the sum of all judges 'points.

The athlete who showed the highest result becomes the winner, the second resultthe silver medalist, the third result-the bronze medalist.

If two or more participants have an equal number of points, they demonstrate a blitz performance lasting no more than 10 seconds, and the judges make a decision using the flags (red or blue). No draw is shown.

- 30.5. Judges: 3 or 5 judges are arranged in a single line in front of the court referee's table: 1 court referee, 1 technical secretary.
- 30.6. All questions of classification and determination of athletes ' fitness for official competitions in the group of disciplines of IN are carried out by classifier judges. The qualification takes place in 2 stages:
- 1. Collecting the necessary documentation. The organizing committee must be provided in advance with disability/disability certificates, other documents confirming the diagnosis, as well as a medical report with the diagnosis. Without these documents, the athlete cannot participate in competitions.
- 2. Qualification for visual demonstration of opportunities. Athletes follow the commands of the classifier judge and answer questions. The judge evaluates the level of mental and physical abilities and, in accordance with the data obtained, determines the athletes in one of the classes.

Article 31. Rules for judging sports disciplines that contain the words "Self-defense" in their name.

- 31.1. Section Requirements:
- 1) an athlete who defends against 2-3 attackers;
- 2) all athletes are wearing only a dobok;
- 3) from the beginning of the first attack, a time of 1-2 minutes is allowed, depending on the age of the athletes;
- 4) demonstrations should be performed on mats or doyoungs that are provided;

- 5) music, breakdown, real weapons, dangerous items or substances are not allowed.
- 6) athletes compete at the age of 10 years and older, according to the age categories approved by the MTF MOF.
- 31.2. Criteria for calculating results:
- 1) realism whether the attacks are genuine and dangerous.
- 2) effectiveness whether the defense will be effective in the presented conditions;
- 3) difficulty how difficult are attacks and how difficult is resistance.
- 4) higher scores will be awarded to self-defense athletes who use a variety of attack scenarios performed in a continuous demonstration;
- 5) a variety of techniques blocks, punches, grabs, unbalances, grabs, etc., taken from a number of different martial arts systems.
- 6) the athlete must deliver the following attacking taekwon-do blows: yup chaga kick to the upper torso or head, perform any kick with your / in the jump from the front or back leg, perform any kick with a 180-360 degree turn and in the priority of your / in the jump
- 31.3. Grades and points:
- 1) the minimum score is 5.0 points, and the maximum score is 10.0 points;
- 2) an assessment is given for demonstrating practical self-defense techniques, performed continuously without losing balance. These techniques should be effective, simple, and allowed.
- 3) any mistake results in the following penalty points::
- loss of balance-0.5 points.
- performing techniques with pauses -0.5 points.
- after completing the technical reception, the weapon remains in the hands of the attacker -0.5 points;
- exceeding the time limit 1 point.

Article 32. Rules for judging sports disciplines that contain the words"Freestyle" in their name

Article 32.1. Definition

Freestyle – a type of imaginary fight with one or more opponents, in which the performer uses the technique of taekwon-do and other eastern martial arts to specially selected music. The choice of music is individual.

Article 32.2. Rhythmics

All sections of Freestyle should be performed to music. The technique of performing taekwon-do and martial arts techniques, both with and without weapons, must match the rhythm of the music and comply with the basic rules of the MF GTF.

Article 32.3. Duration

"Freestyle" in the sections with or without weapons can not last more than 1 min. 30 seconds, not counting the presentation, which should not exceed 30 seconds. In cases of violation of this Rule, the Doyoung Referee may request an understatement of minus-0.5 points. If the performance lasts less than 1 minute, after the presentation, the doyoung referee may indicate to each of the judges that it is necessary to reduce the score to 1.0 points. The timekeeper turns on the timer to determine the duration of the presentation when the athlete starts walking along the doyang in the direction of the doyang Referee, who is at the referee's table. The timekeeper also records the time

when the athlete starts his performance after the presentation. The timekeeper records the duration of both the presentation and the speech.

Article 32.4. Age of participants

The following age groups are allowed to participate in competitions in the "Freestyle" section::

"Younger children" – 6-7 years old.

"Children" -8-9 years old.

"Older children" – 10-11 years old.

"Cadets" -12-14 years old

"Juniors" -15-17 years old.

"Adults" -18-38 years old.

Veterans -39-50 years old

Athletes must compete separately in categories-men and women separately. Participants are in their own age group or can only compete in the next senior age category. Age categories are determined according to the Rules approved by the MTF MOF.

Article 32.5. Styles

Competitions in the "Freestyle" section are held in two disciplines, both for men and women:

Freestyle – taekwon-do technique without weapons.

"Freestyle with weapons" – weapons of any type of martial arts with elements of taekwon-do technique are used

Participants of the competition in the "Freestyle" section can only show up and compete in one discipline - they must choose the unarmed style or the armed style.

Article 32.6. Athletes 'clothing.

There are no special uniforms for Freestyle competitors. They should be wearing a dobok. It is not allowed to wear any jewelry or piercings.

Article 32.7. Condition of weapons

Each athlete is responsible for the perfect condition of their weapons. You can't change weapons during the competition. The referee may inspect the competitor's weapon, if necessary. No sharp weapons can be used during performances.

Article 32.8. Gymnastic movements

In" Freestyle " no more than 3 gymnastic movements are allowed. Violation of this rule leads to a decrease in the score by minus-0.5 points. Gymnastic movement is a movement that does not reflect the essence of martial arts (there are no punches - splits, wheel, somersault, handstand, etc.). Some gymnastic movements can be changed by adding kicks or hand punches, in this case this movement is not considered gymnastic.

Article 32.9. Evaluation criteria

Before making decisions, each judge must take into account:

- Clean execution of elements of the taekwon-do technique
- Music and rhythm
- The degree of difficulty of completing elements
- Versatility of execution
- Artistry

Also taken into account:

- the athlete must show at least 1 element of the taekwon-do jump shot (twimyo, twimyo) from a standstill or 1 element of the roundhouse jump shot

- technique of punches and kicks, correct execution of defensive blocks in accordance with the basic technique of the chosen style;
- strength, concentration (perfect balance and energetic movements);
- kicking in different levels, kicking in a jump, kicking with a turn, combinations of kicks and hands;
- the exact time of performance of the song, the ratio between movement and music;
- Weapon manipulation is taken into account. The participant must show perfect technique and mastery of the chosen weapon. This should be the first criterion in the evaluation of the "Freestyle with weapons" section.

The participant can touch the floor (doyoung) with the weapon when performing gymnastic movements, tricks, turns, and so on.

The contestant can rotate the weapon around the body (neck, arms, and hands). Only 2 (two) releases of the weapon from the athlete's hands are allowed (for example, when throwing the weapon into the air). If more than 2 weapons are released from the hands, the participant will be disqualified.

Article 32.10. Points

After the performance, 3 judges evaluate the performance of the "Freestyle" as follows:

- from 5.0 to 10.0 points.

Article 32.11. Minus a point

☐ Minus-1.0 point

- if the participant is late when calling doyoung for the start of performances
- if a competitor lets go or leaves his weapon on the floor, each judge withdraws 1.0 points.

 \square Minus-0.5 points – if the athlete is not in sync with the music.

 \square Minus-0.5 points – if the participant loses balance.

 \square Minus-0.5 points – if the athlete performs illegal movements.

 \square Minus-0.5 points-deducted for each gymnastic movement (technique) that goes beyond the permitted number of gymnastic movements.

 \square Minus from - 0.3 to - 0.5 points

- if the athlete makes a delay of more than 3 seconds between movements
- went to doyoung with jewelry or piercings (earrings, wedding rings, piercing eyebrows, lips, nose, etc.)

Lowest scores:

☐ If the participant stops performing ahead of schedule;

☐ If a competitor lets go of the weapon more than 2 times, they must be disqualified.

Section VI. JUDGING PANEL

The referee cannot be a second, coach, or team representative. Judges should not communicate with participants, coaches, or other persons during the competition. Judges are not allowed to leave the workplace without the permission of the Chief Judge.

Article 33. Composition of the judging panel.

33.1. At championships, championships, World and European Cups, only judges over 18 years of age and above 1 Dan, who have the appropriate qualification categories and have passed the certification of the MTF MOF, are allowed to judge on the recommendation of the MTF MOF.

The judging panel consists of:

- 33.2. Members of the Main Judging Panel:
 - Chief Judge
 - Chief Secretary
 - Deputy Chief Judge
 - Deputy Chief Secretary
- 33.3. Members of the Judging Panel:
 - Arbitrators (Senior judges)
 - Referee
 - Judges (for formal complexes, side judges (massogi), mirror and line judges (point-stop sparring), judges for power breaking and special techniques).
 - Judges-operators of the electronic judging system (ESS).
 - Technical secretaries
 - Judges in front of the participants
 - Classifier judges (for IN)
- 33.4. A judge must have a judge's uniform and a document confirming the qualification category of a sports judge.

Article 34. Chief Judge.

The chief referee is responsible for conducting competitions in accordance with these Rules and the approved Regulations on competitions to the organization conducting them.

- 34.1. The Chief Referee must::
- check the readiness for competitions of all premises, equipment, inventory, necessary documentation, their compliance with these Rules, draw up an Act of acceptance of the competition venue;
- manage the conduct of competitions in accordance with these rules and the Competition Regulations (the execution of its orders is mandatory for participants, judges and team representatives);
- organize and control the weigh-in of participants;
- organize and control the draw of participants;
- approve the competition schedule;
- assign judges to teams;
- participate in the work of the judging panel on protests;
- hold meetings of the judging panel before the start of the competition;
- approve the assessment of the work of each member of the judging panel;
- submit the report and minutes signed by yourself and the chief secretary to the organization that conducts the competition, no later than 14 days after the end of the competition.
 - 34.2. The Chief Judge has the right to: :
- cancel the competition if the venue, equipment, or inventory becomes unusable at the start of the competition.

- stop the competition or take a temporary break in case of unfavorable conditions that interfere with the competition;
- make changes to the program and schedule of competitions, if necessary;
- suspend judges who have made gross mistakes or fail to perform their assigned duties (with a corresponding message to the Ministry of Finance of the GTF);
- remove from the competition participants who are not technically prepared, who have committed gross violations of these rules and/or incorrect attitude towards competitors, spectators and judges;
- delay the announcement of the results and make a final decision after additional discussion, if the judges 'opinions differ;
- suspend the athlete, coach, referee, team representative and the entire team from participating in the competition for incorrect behavior.

Article 35. Chief Secretary.

The Chief Secretary directs the work of the competition secretariat:

- is a member of the admission committee and appoints secretaries at the weigh-in;
- maintains weighing protocols.
- draws lots and determines the order of meetings;
- accepts applications and protests, registers them and transmits them to the chief judge;
- manages the work of the secretariat;
- with the permission of the chief referee, give information to the informant, team representatives and media representatives;
- supervises the installation and adjustment of the computer network, computer equipment and software required for the work of the secretariat.

The Chief Secretary submits to the chief judge of the competition the necessary data for drawing up a report on the competition.

Article 36. The arbitrator.

The arbitrator is appointed by the chief judge from among the most qualified judges and performs the following functions::

- organizes and directs the work of the referee team assigned to him, holding meetings between athletes in individual and team competitions;
- keeps competition records or appoints a technical secretary;
- monitors the correctness of judging and the performance of their duties at DOYANG by technical secretaries, side judges, and judges attached to participants;
- dismisses judges who have made gross mistakes in their work or are absent from their workplace;
- completes teams of judges, except for those cases when this function is performed by the Chief Judge;
- at the end of the final meeting of athletes draws up the protocol and submits it to the chief secretary of the competition;
- being guided by the competition rules, makes decisions on controversial issues that arise on the site assigned to it.

Article 37. The referee.

The referee is appointed from among the most qualified judges.

Directly controls the course of the match, evaluates the actions of athletes, monitors compliance with the rules, being on the court, at the command of the referee announces the result determined by the side judges. Has the exclusive right to stop and continue the course of the match. Checks for protective equipment.

The referee must ensure that the competition area, accessories, uniforms, hygiene, technical personnel, etc. are in proper order before the boutbegins.

The referee must ensure that spectators or photographers do not create any danger or risk of injury to the participants.

The Referee accompanies the announcement of scores and penalties required during the match with an appropriate gesture.

Article 38. Judges.

- 38.1. Formal complex judges are required to objectively and impartially evaluate formal complexes in accordance with the competition rules. At the command of the chief judge: "Hana-tul-set!", immediately raise the flag in the direction of the winner.
- 38.2. The side judges (massogi) are obliged to respond in a timely manner to the technical actions of athletes and give them an objective assessment. In case of an error when working with the ESS, immediately inform the central referee about it.
- 38.3. The "mirror" judge in the discipline "Point-stop sparring weight category" moves around the court opposite the referee. Responds promptly to technical actions of athletes or gestures of other judges.
- 38.4. The "line" judge in the discipline "Point-stop sparring weight category" moves along the edge of the court from the referee's table to the near left corner of the court. Responds promptly to technical actions of athletes or gestures of other judges.
- 38.5. Judges in power break and special equipment are required to check the equipment (boards, machines) before the start of each athlete's performance. You must correctly assess the technique of hitting and the number of broken boards.
 - 38.6. The judge must::
 - 38.6.1. Regularly improve the level of professional knowledge;
- 38.6.2. Pass the certification for confirmation promotion of the judge category in a timely manner;
- 38.6.3. Meet the requirements for sports judges stipulated in the Rules and Regulations;
 - 38.6.4. Regularly attend judging and technical seminars;

Article 39. Technical secretary.

The Technical Secretary is appointed by the Referee, and keeps the competition minutes. In accordance with the decision of the judges, records the victory or defeat of the participants (teams) and submits the protocol to the referee. Keeps track of meeting timings.

Article 40. Judge-operator of the electronic judging system (ESS).

- 40.1. The ESS operator judge is at the referee's table.
- 40.2. Manages the ESS, makes all amendments and comments to the current account in a timely manner.

Article 41. Judges in front of the participants.

Judges must perform the following functions in the presence of participants::

- a) check the presence of athletes before the start of each performance, and in case of their absence, report this to the Referee;
- b) familiarize athletes with the competition Program and the sequence of participants entering the DOYANG;
 - c) check the availability of full equipment and its compliance with the Rules.

Article 42. Classifier judges (for IN).

All issues of classification and determination of athletes ' fitness for official competitions in the group of disciplines "IN" are carried out by classifier judges, whose functional duties include::

- analysis of the documentation submitted by the athlete confirming that they belong to this class of sport;
- performing a comparative check of the application information of participants of a sports competition;
- acceptance of the protest in accordance with the established form, verification of the correctness of the submission of the protest by the parties;
- notification in the prescribed form of the relevant parties on the results of consideration of the protest;
- preparation of a report on the results of the commission for admission of athletes to competitions.

If an athlete with intellectual disabilities is found to have a hearing disorder, it is required to report this to a meeting of the judging panel and team representatives. Based on the results of the meeting, the competition organizers are required to duplicate the start signals in any visual way.

Appendix # 2



Figure 2. Judge's uniform

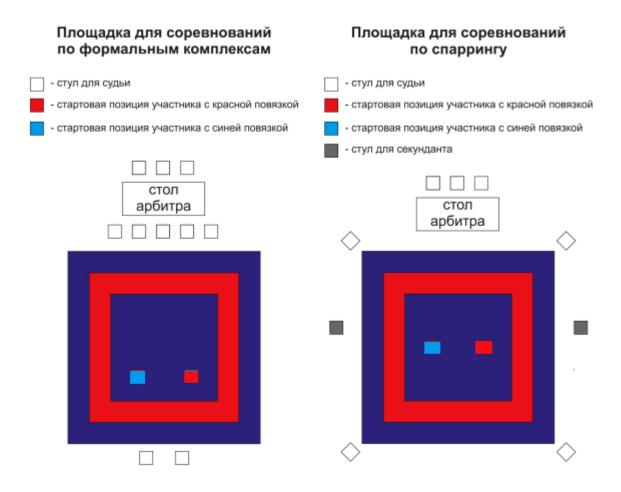


Figure 3. Competition area

(Sample protest)

	To the chief judge of the GTF Taekwon-do competition
	(name of the competition) city of
	Full name of the Chief judge
	Protest
I ask you to conside	der a protest in a match between athletes Doyoung No due to that the point
of the rules of the sport "taekwon-do	GTF" was violated. Wording of the protest.
	Team Representative
	Full name
	Date

"I approve"	
Head of the National Tael	kwon-do GTF Sports Federation"
	Full Name
20	G.
M. P.	

Preliminary application

	from
to participate in	

№	Full name	Date of birth	Weight	Sport.qualif.	Those. Qualif.	Subject of the Russian Federation, city	of FD	D. S. O., Department	SK, DYUSSHSDYUSSHOR	Full Name of Coach	Hyeng	The duel	Stop- score	Forces. breaking.	spec. tech.	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
1											X X-X X-P	M P-X	Sb Sb-X	R R-X	ST ST- KS	

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'I approve"
Head of the National Taekwon-do GTF Sports Federation"
Full Name
20G.
M. P.

Application

	from
to participate in the	
to participate in the _	

№	Full name	Date of birth	Weight	Sport.qualif.	Those. Qualif.	Subject of the Russian Federation, city	of FD	D. S. O., Department	SK, DYUSSHSDYUSSHOR	Full Name of Coach	Hyeng	The duel	Stop- score	Forces. breaking.	spec. tech	Doctor's Visa
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
1											X X-X X-P	M P-X	Sb Sb-X	R R-X	ST ST-KS	

Allowed to participate) the person				
Doctor	(FULL NAME)				
Team Representative					
Team Representative					

ACT Selection of the venue for the GTF Taekwon-do competition

Name of the sports facility and its address
This report is drawn up by the chief judge of the competition, a representative of the sports facility and a doctor that the venue of the competition, the equipment meets the requirements of the Rules for Taekwon-do GTF and meets the safety requirements of the competition.
Technical Delegate
Representative of a sports facility
Doctor

List of accepted abbreviations used when filling out the application

H-Hyong

X-X-Xng-team competitions

H-P-Hyong-pairs

MS-Massogi Sparring

MS-CS-Massogi sparring-team competitions

PSS-Point-stop-sparring weight-category

Rd-Breaking boards

ST – Special equipment

CO-Self-Defense

F-Freestyle

F-or-Freestyle with weapons

Appendix 9.

Код диагноза по МКБ-10	Описание	Характеристика, влияющие на координацию, моторные функции, мышечную силу и способность к запоминанию и воспроизведению	Возраст (лет)				
		движений		10- 13	14- 17	18 +	
Дивизион А 1 -	- Поведенческие нарушения при сохранении	интеллекта, незначительные неврологические и моторные нарушения, н	аличи	е инва	элидно	ости	
F84.X F20.X, F30.X - 40.X F80.X, F81.X, F90.X-98.X	Расстройства аутистического спектра при сохранном интеллекте. Поведенческие и эмоциональные нарушения при сохранном интеллекте. Речевые нарушения, задержка психического развития при сохранном интеллекте	Коммуникативные нарушения, нарушения психического поведения, сенсорные нарушения, нарушения в развитии крупной моторики, стереотипия, плохой глазной контакт, неразвитая мотивация					
F82.X G80.X	Диспраксия, детский церебральный паралич без существенных поражений функций нижних и верхних конечностей без нарушения интеллекта	Нарушение координации движений, снижение способности выполнять целенаправленные действия, начавшееся в детском возрасте. Нарушением тонуса мышц (чаще повышением по спастическому типу), и, следовательно, нарушением функций конечностей. Мб контрактуры, судорожный синдром					
		ии интеллекта, незначительные неврологические и моторные нарушения	ı, нет ı	инвали	1ДНОСТ	И	
F84.X F20.X, F30.X - 40.X F80.X, F81.X,), F90.X- 98.X	Расстройства аутистического спектра при сохранном интеллекте. Поведенческие и эмоциональные нарушения при сохранном интеллекте. Речевые нарушения, задержка психического развития при сохранном интеллекте	Коммуникативные нарушения, нарушения психического поведения, сенсорные нарушения, нарушения в развитии крупной моторики, стереотипия, плохой глазной контакт, неразвитая мотивация					
F82.X	Диспраксия, детский церебральный	Нарушение координации движений, снижение способности					
G80.X	паралич без существенных поражений функций нижних и верхних конечностей без нарушения интеллекта	выполнять целенаправленные действия, начавшееся в детском возрасте. Нарушением тонуса мышц (чаще повышением по спастическому типу), и, следовательно, нарушением функций конечностей. Мб контрактуры, судорожный синдром					

Дивизи	Дивизион В - Поведенческие и легкие интеллектуальные нарушения в сочетании или без неврологических и моторных нарушений легкого и среднего уровня ¹									
F70.X + F80.X, F81.X, F84.X (не относящи еся к РАС), F90.X-98.X	Легкие интеллектуальные нарушения при отсутствии сложной неврологической симптоматики в сочетании с задержкой развития речи и языка, задержкой психического развития, СДВГ, Синдром Туретта	уровня Когнитивные нарушения, плохая память и концентрация, неразвитая мотивация								
F84.X + F70.X	Аутизм и другие поведенческие расстройства в сочетании с легкими нарушениями интеллекта	Коммуникативные нарушения, включая понимание инструкций, поведенческие нарушения, сенсорные нарушения, нарушения в развитии крупной моторики, стереотипия, плохой глазной контакт. Легкая УО								
Q9X.X + F 70.X , Q86.0	Синдром трисомии по X, синдром Дауна, синдром Патау, Синдром Прадера-Вилли, фетальный алкогольный синдром и другие синдромы, сопровождающиеся поведенческими и интеллектуальными нарушениями	Легкая умственная отсталость, поведенческие и психические расстройства, задержка моторного и психоречевого развития в анамнезе, диффузная мышечная гипотония, диспраксия и умеренное нарушение координации, рассеянная неврологическая симптоматика.								
G40.X + F 70.X	Эпилепсия, эпилептическая энцефалопатия, эпилептические синдромы (синдром Панайотопулоса, синдром Дузе, синдром Ангельмана, синдром Веста и др.) в сочетании с нарушением интеллекта при хорошем ответе на противосудорожную терапию	Судорожный синдром, задержка моторного и психоречевого развития в анамнезе, аутистические черты, поведенческие расстройства, неспецифические нарушения мышечного тонуса, легкая умственная отсталость								

¹ Athletes with complex neurological symptoms compete in Division E. After the full-time qualification stage, athletes with an average level of neurological disorders can be transferred to Division D

Division C - N	Moderate to severe intellectual disabilities	with or without mild neurological and motor impairments Level ²		
F84. X +	Autism and other behavioral disorders	Significant communication impairments, including understanding		
F71. X-72.	combined with moderate to severe	instructions, behavioral impairments, sensory impairments, impairments		
X	intellectual disabilities	in the development of large motor skills, stereotypy, poor eye contact.		
		Moderate to severe mental retardation		
Q9X.X + F	Trisomy X syndrome, Down	Moderate and severe mental retardation, behavioral and mental		
	syndrome,			
disorders	Patau syndrome, Prader syndrome-	disorders, history of motor and speech retardation,		
71. X-72. X,				
Q86. 0	Willy, Williams syndrome	, diffuse muscular hypotension syndrome, dyspraxia and moderate		
		impairment		
	Martin-Bell syndrome, Smith-	coordination syndrome, multiple neurological symptoms.		
	Magenis, Nicolaides syndrome-			
	Baraicer's syndrome, Edwards '			
	syndrome, 5p-			
	syndrome fetal alcohol			
	syndrome and other syndromes			
	accompanied by behavioral and			
	intellectual disabilities			
	(moderate or severe)			
G40.X + F	Epilepsy, epileptic	Convulsive syndrome, delayed motor and psycho-speech development		
		in		
71. X-72. X	encephalopathy,	history of epilepsy, autistic traits, behavioral disorders,		
	syndromes	of nonspecific muscle tone disorders, moderate and severe		
	(Panayiotopoulos syndrome	, mental retardation syndrome		
	Duse, Angelman syndrome, syndrome			
	Vesta et al.) in combination with			
	intellectual disability with a good			
	response to			
	anticonvulsant therapy			
F71. X, -	Moderate to severe mental retardation	Moderate mental retardation, difficulty understanding, remembering		
F72. X	basic or	repetitive learning disability, delayed mental and speech		
development	single diagnosis,	developmental disability, poor motivation		

F72. 9. X			
	for various reasons with or		
	without weak behavioral disorders		

² Athletes with moderate neurological symptoms compete in Division D or E. The division is finally determined after the full-time qualification stage

	Дивизион D - Умеренные и тяжелые ин	теллектуальные нарушения в сочетании с моторными нарушениями среднего	уровн	Я	
F84.X +	Аутизм и другие поведенческие	Существенные коммуникативные нарушения, включая понимание			
F71.X-72.X	расстройства в сочетании с умеренными	инструкций, поведенческие нарушения, сенсорные нарушения,			
	и тяжелыми нарушениями интеллекта	существенные нарушения в развитии крупной моторики, стереотипия,			
		плохой глазной контакт. Умеренная и тяжелая УО			
Q9X.X + F	Перечисленные выше синдромы, а	Умеренная и тяжелая умственная отсталость, поведенческие и психические			
71.X-72.X,	также, сопровождающиеся	расстройства, задержка психоречевого развития в анамнезе, диффузная			
Q86.0	поведенческими и интеллектуальными	мышечная гипотония, диспраксия и средний уровень моторных нарушений			
	нарушениями (умеренными или	и координации, средний уровень неврологической симптоматики.			
	тяжелыми) и моторными нарушениями				
G40.X + F	Эпилепсия, эпилептическая	Судорожный синдром, задержка психоречевого развития в анамнезе,			
71.X-72.X	энцефалопатия, эпилептические	аутистические черты, поведенческие расстройства, неспецифические			
	синдромы (см. выше)	нарушения мышечного тонуса, умеренная и тяжелая умственная			
	в сочетании с нарушением интеллекта	отсталость, средний уровень моторных нарушений			
	при хорошем ответе на				
	противосудорожную терапию				
Наличие	Множественные поражения ЦНС	Грубые нарушения интеллекта и выраженные неврологические нарушения			
кода	(нейрофиброматоз) и генетические				
F71.X-72.X	синдромы, а также сопровождающиеся				
В	пороками развития ГМ (синдром Жубер,				
диагнозе	врожденные пороки развития и др.),				
	нейрометаболичесиие заболевания (б				
	Нимана Пика, б Гоше, ганглиозидозы, и				
	др.)				
F71.X,-	Умеренная и тяжелая умственная	Умеренная умственная отсталость, сложности в понимании, запоминании			
F72.X	отсталость как основной или	и воспроизведении инструкций, задержка психического и речевого			
F72.9.X	единственный диагноз, обусловленная	развития, плохая мотивация, выраженные моторные и неврологические			
	различными причинами со слабым или	нарушения			
	без нарушений поведения				

Division E	-Complex neurological and motor disorder	rs accompanied by mental retardation		
F82 .X +	Dyspraxia, cerebral palsy	Impaired coordination of movements, reduced ability to perform		
F70. X-	paralysis in combination with a	of purposeful actions that began in childhood. Impaired		
71. X	violation			
G80.X +	intelligence (mild or moderate UO)	muscle tone (more often increased by spastic type), and,		
F70.X-		consequently, impaired limb functions. Mb contractures,		
71. X				
		convulsive syndrome, concomitant intellectual disabilities		
		of mild and moderate		
F82.X +	Dyspraxia, cerebral palsy	Impaired muscle tone (more often an increase in spastic type), and,		
F72. X	paralysis in combination with severe	injuries, impaired limb functions. Mb contractures,		
G80. X +	intellectual disabilities	convulsive syndrome, concomitant severe intellectual		
F72. X		disabilities		

It is allowed to combine classes if there are less than 3 people in the category. It is advisable to combine classes A+B, B+C, C+D, D+E

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